

Smoothed centiles for maternal haemoglobin (in g/L) according to exact gestational age (in weeks).

| Gestational age (exact week) | 3 rd centile | 5 th centile | 10 th centile | 50 th centile | 90 th centile | 95 th centile | 97 th centile |
|------------------------------|-------------------------|-------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 14 weeks + 0 days | 102 | 104 | 108 | 121 | 135 | 138 | 141 |
| 15 weeks + 0 days | 102 | 104 | 108 | 121 | 134 | 138 | 140 |
| 16 weeks + 0 days | 101 | 103 | 107 | 121 | 134 | 138 | 140 |
| 17 weeks + 0 days | 100 | 103 | 107 | 120 | 133 | 137 | 140 |
| 18 weeks + 0 days | 100 | 102 | 106 | 120 | 133 | 137 | 139 |
| 19 weeks + 0 days | 99 | 102 | 106 | 119 | 132 | 136 | 139 |
| 20 weeks + 0 days | 99 | 101 | 105 | 118 | 132 | 136 | 138 |
| 21 weeks + 0 days | 98 | 101 | 104 | 118 | 131 | 135 | 138 |
| 22 weeks + 0 days | 98 | 100 | 104 | 117 | 131 | 135 | 137 |
| 23 weeks + 0 days | 97 | 100 | 103 | 117 | 131 | 134 | 137 |
| 24 weeks + 0 days | 96 | 99 | 103 | 117 | 130 | 134 | 137 |
| 25 weeks + 0 days | 96 | 99 | 102 | 116 | 130 | 134 | 136 |
| 26 weeks + 0 days | 96 | 98 | 102 | 116 | 129 | 133 | 136 |
| 27 weeks + 0 days | 95 | 98 | 102 | 115 | 129 | 133 | 136 |
| 28 weeks + 0 days | 95 | 97 | 101 | 115 | 129 | 133 | 135 |
| 29 weeks + 0 days | 95 | 97 | 101 | 115 | 129 | 133 | 135 |
| 30 weeks + 0 days | 94 | 97 | 101 | 115 | 129 | 133 | 135 |
| 31 weeks + 0 days | 94 | 97 | 101 | 115 | 129 | 133 | 135 |
| 32 weeks + 0 days | 94 | 97 | 101 | 115 | 129 | 133 | 135 |
| 33 weeks + 0 days | 94 | 97 | 101 | 115 | 129 | 133 | 135 |
| 34 weeks + 0 days | 94 | 97 | 101 | 115 | 129 | 133 | 136 |
| 35 weeks + 0 days | 94 | 97 | 101 | 115 | 129 | 133 | 136 |
| 36 weeks + 0 days | 95 | 97 | 101 | 116 | 130 | 134 | 136 |
| 37 weeks + 0 days | 95 | 98 | 102 | 116 | 130 | 134 | 137 |
| 38 weeks + 0 days | 96 | 99 | 103 | 117 | 131 | 135 | 138 |
| 39 weeks + 0 days | 97 | 99 | 103 | 118 | 132 | 136 | 139 |
| 40 weeks + 0 days | 98 | 100 | 104 | 119 | 133 | 137 | 140 |

Data from a prospective study of healthy, well-nourished women (n=3502) living in eight countries whose healthy babies were followed up to 2y. Data from Ohuma et al., (2020)